

# Patient Health and History

## *About Your Eyes*

Name \_\_\_\_\_ Date \_\_\_\_\_

What specific problem with your eyes brought you into our office? Please explain: \_\_\_\_\_

Are you being seen in our office for a work related injury? If so, please describe.

Do you frequently experience or have: (please check all that apply)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Blurred vision at near  | <input type="checkbox"/> Dry eyes             | <input type="checkbox"/> Seeing rings around lights |
| <input type="checkbox"/> Blurred vision distance | <input type="checkbox"/> Gritty, sandy eyes   | <input type="checkbox"/> Color vision difficulties  |
| <input type="checkbox"/> Distorted vision        | <input type="checkbox"/> Discharge from eyes  | <input type="checkbox"/> Distance judgment problem  |
| <input type="checkbox"/> Tired eyes              | <input type="checkbox"/> Dizziness            | <input type="checkbox"/> School difficulties        |
| <input type="checkbox"/> Eye pain                | <input type="checkbox"/> Headaches            | <input type="checkbox"/> Losing place while reading |
| <input type="checkbox"/> Red eyes                | <input type="checkbox"/> Drawing, pulling     | <input type="checkbox"/> Night vision problems      |
| <input type="checkbox"/> Watery eyes             | <input type="checkbox"/> Excessive blinking   | <input type="checkbox"/> Extreme light sensitivity  |
| <input type="checkbox"/> Itchy eyes              | <input type="checkbox"/> Excessive squinting  | <input type="checkbox"/> Double vision              |
| <input type="checkbox"/> Burning eyes            | <input type="checkbox"/> Seeing spots or dots | <input type="checkbox"/> Other _____                |

Have you been prescribed glasses?  Yes  No If yes, how often do you wear them? \_\_\_\_\_

Last eye exam: \_\_\_\_\_ Occupation: \_\_\_\_\_

Do you wear contact lenses?  Yes  No If yes, what type? \_\_\_\_\_

Type of contact lens solution: \_\_\_\_\_

Do you sleep in your contacts?  Yes  No If yes, how many nights per week? \_\_\_\_\_

Do you spend time at a computer?  Yes  No If yes, how many hours a day? \_\_\_\_\_

Do you currently use any drops or medications for your eyes? If so, please list: \_\_\_\_\_

**Eye Disease:** Do you **now**, or have you **ever** had, any of the following eye complications?

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Cataract             | <input type="checkbox"/> Glaucoma               | <input type="checkbox"/> Eye injury: _____  |
| <input type="checkbox"/> Diabetic Retinopathy | <input type="checkbox"/> Amblyopia/ Lazy eye    | <input type="checkbox"/> Eye surgery: _____ |
| <input type="checkbox"/> Macular Degeneration | <input type="checkbox"/> Turned or crossed eyes | <input type="checkbox"/> Other: _____       |

**Family Eye History:** Have your **parents, siblings, or children** had any of the following eye diseases?

Please note Maternal or Paternal side of the family.

- |   |  |
|---|--|
| <input type="checkbox"/> Blindness: _____             | <input type="checkbox"/> Glaucoma: _____             |
| <input type="checkbox"/> Cataract: _____              | <input type="checkbox"/> Macular Degeneration: _____ |
| <input type="checkbox"/> Amblyopia/ Lazy eye: _____   | <input type="checkbox"/> Detached Retina: _____      |
| <input type="checkbox"/> Turned or crossed eye: _____ | <input type="checkbox"/> Other: _____                |

## ***About Your General Health***

Family Physician/Clinic: \_\_\_\_\_ Last Exam: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Do you currently have any of the following problems?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> High blood pressure       | <input type="checkbox"/> Stroke / Neurological disease | <input type="checkbox"/> Lung disease             |
| <input type="checkbox"/> Heart disease             | <input type="checkbox"/> Psychiatric problems          | <input type="checkbox"/> Emphysema                |
| <input type="checkbox"/> ADD/ADHD                  | <input type="checkbox"/> Ear/ Mouth/ Nose/ Throat      | <input type="checkbox"/> Asthma                   |
| <input type="checkbox"/> Thyroid disease           | <input type="checkbox"/> Irregular Heart Beat          | <input type="checkbox"/> Sinus disease            |
| <input type="checkbox"/> Kidney/ Urinary/ Genital  | <input type="checkbox"/> Stomach/ Intestinal           | <input type="checkbox"/> Joint/ Muscle Pain       |
| <input type="checkbox"/> Blood disorders/ Bleeding | <input type="checkbox"/> Fever/ Weight loss            | <input type="checkbox"/> Reactions to anesthetics |
| <input type="checkbox"/> Seasonal allergies        | <input type="checkbox"/> Skin                          | <input type="checkbox"/> HIV/ AIDS                |
| <input type="checkbox"/> Migraines                 | <input type="checkbox"/> Lupus                         | <input type="checkbox"/> Sjogren's Syndrome       |

Cancer: Type: \_\_\_\_\_

Diabetes: Onset: \_\_\_\_\_ Blood Sugar levels: \_\_\_\_\_ A1c: \_\_\_\_\_

Do you smoke? ( ) Yes ( ) No If yes, how many packs a day?\_\_\_ For how many years? \_\_\_\_\_

Do you use a Vaper ( ) Yes ( ) No

If you smoked in the past, how long ago did you quit?\_\_\_\_\_

Do you use smokeless tobacco? ( ) Yes ( ) No

Alcohol use: ( ) None ( ) Social use only ( ) 1-2 drinks daily ( ) 3 or more drinks daily

**Medications:** Please list all medicines you take, including aspirin (list eye medications above):

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**Allergies:** Please list all allergies to medicines that you have and the reactions they cause:

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**Illnesses/ Injuries:** Please list all past major illnesses or injuries you have had:

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**Surgeries:** Please list all past surgeries and dates (list eye surgeries above)

**Surgeries**

**Date of Surgery**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Family History:** Please list all medical conditions that affect your parents, siblings, or children:

**Relation**

**Medical Condition**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Have any of your family members been seen in our clinic? If so, please list:

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\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician signature

\_\_\_\_\_  
Date